

Uxbridge Athletic Department Program Overview

Program Philosophy:

The Uxbridge High School Interscholastic Athletic Program is an extension of the high school curriculum that provides activities for the growth and development of our students. At Uxbridge High School, we believe that the Interscholastic Athletic Program contributes significantly to preparing our students for becoming productive, contributing citizens of our commitment to ensure the development of physical fitness and personal health, the acquisition of competent performances, and the achievement of excellence in the student's chosen sport.

In addition, our aim is to develop a student with an improved self-image, the ability to learn a new skill, and an intrinsic motivation for growth and development. We want to see a student who will demonstrate a willingness to accept responsibility for his/her actions, measure him/herself against standards of quality, express ideas and solutions to problems, and value fair play, honesty, and cooperation.

Program Purpose:

Interscholastic Athletics is a form of competition in which the participants from schools compete as a team. The interscholastic program varies from the regular school physical education program or intramural program in that it offers highly skilled athletes the opportunity to test their abilities with highly skilled athletes from various school districts. The purpose of the interscholastic program is to allow participants to experience a high level of competition and an atmosphere of fellowship and sportsmanship. We wish to excel in athletics just as we desire to excel in all activities and functions conducted in the name of the school.

Uxbridge Athletic Department Coaching Philosophy:

Athletics and athletic competitions are learning environments for social and cultural understanding, assimilation of cultures, integration of races, and the breaking of sexual stereotypes.

At Uxbridge High School, coaching is defined as a teaching situation. This implies that teacher responsibility for supervision, preparation, and training is as essential in coaching as it is in the classroom, especially if we are to justify our interscholastic program on a sound educational philosophy. Therefore, we must assume that the individual coach will apply him/herself to athletic assignments in the same professional manner displayed in a formal classroom situation.

Coaches have a tremendous opportunity to influence young people. Athletics are an extension of the school day and the coach is the "teacher". The "classroom" becomes the soccer field, the baseball/softball field, basketball court or the yellow school bus carrying student-athletes home after they've just suffered a heart wrenching loss or emotionally thrilling last second victory. These are teaching opportunities a coach can use to help young people become better citizens and better human beings.

Schedules:

All schedules are available on the school website: www.uxbridgeschools.com and www.highschoolsports.net

Budget:

Athletic programs in the Uxbridge Public School are funded through town appropriation funds. Each year all coaches submit budgeting requests for the following season to the Athletic Department.

Athletic Fees:

The Uxbridge School Committee has adopted a policy that requires each student-athlete to pay a "User Fee" to participate on an athletic team. All student-athletes are required to pay \$50.00 per season. The payment must be made in the form of a check or money order. Fees collected from athletic participation have been used towards all transportation costs that occur within the athletic department.

Program- Past, Present, and Future:

Uxbridge High School is committed to offering a variety of sports to the student body. The program has expanded from 14 teams and 8 sport offerings in 1980, to the present 30 teams and 20 sport offerings at the high school and 7 teams, 7 sport offerings at the Whitin Middle School. The Athletic Department continues to look at increasing sport offerings to our students as we move into the future.

Uxbridge High School Athletic Booster Club:

The Uxbridge High School Booster Club is dedicated to the support of all male and female athletes at Uxbridge High School. The Club helps provide financial and material support to the athletes, coaches, and staff to enhance the high school athletic experience. All parents, friends, and community members of Uxbridge High athletics are welcome to become members. Booster Club meetings occur on the first Monday of each month at 7:00pm in the High School.