

# PRESS RELEASE

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### **Janice Watt, Director of Food Service - Uxbridge Public Schools**

#### **Awarded Massachusetts Food Service Director of the Year**

Uxbridge, MA --- (June 15, 2011) –The Uxbridge Public Schools, is pleased to announce that Janice Watt, Director of Food Service, has been named the **2011 SNA of Massachusetts Director of the Year**. Janice has been the Food Service Director of the Uxbridge Public Schools for the past 11 years. During that time she has been a leader in our district, the community and the Commonwealth of Massachusetts. This award is presented by the School Nutrition Association of Massachusetts (SNA), a professional organization committed to educating, supporting, and inspiring school nutrition and food service professionals.

The award is based upon Community Involvement, Program Enhancement, School Involvement, and SNA Involvement. Janice has been involved with the SNA for the last decade, and is active on the board in many capacities. Recently she was chosen as a Future Leader and Chapter Delegate.

Janice is deeply connected to the Uxbridge community. She has formed relationships with many organizations by generously sharing her nutrition and culinary skills. She has assisted the Senior Center, the People's First Food Pantry, the Uxbridge Education Foundation, PTOs, and is even the producer of "Watt's Cookin'", a local public access TV cooking show.

Janice promotes nutrition in our schools and community every chance she gets by making it fun and educational. The students of Uxbridge enjoy theme days during their lunch period with wellness themes such as, "Whole Grain Week" where they sample foods, watch food demos, and enjoy songs written by Mrs. Watt. Students have even spun the "Wheel of Portion", which was created by a Johnson and Wales culinary intern to learn proper portion size and to win prizes. On a daily basis, students can choose from top-your-own deli bars, daily entrée salads, and fresh fruit. Mrs. Watt also provides ongoing professional development for her food service staff. Some topics covered are customer service, food allergies, and ServSafe food safety training.

Janice will be recognized by the SNA at two upcoming award ceremonies which will be part of the 2011 National Annual Nutrition Conference in Nashville, Tennessee and at the Annual SNA of Massachusetts Conference in August.