

Adolescent Substance Abuse/Mental Health Referral Information

Riverside Emergency Services- 24 hour/7 days a week. Emergency services for behavioral health, substance abuse assessment and crisis stabilization.

1-800-294-4665

www.211.org or **dial 211 from any phone.** -2-1-1 is a free and confidential service that helps people across North America find the local resources they need. We're here for you 24 hours a day, seven days a week. Crisis and emergency, housing, disaster assistance, human trafficking, food, health, jobs, reentry.

YOU, Inc. -Adolescent substance abuse services including assessment, intensive outpatient groups, relapse prevention, individual and family therapy, and drug screening. **508-849-5600**

Motivating Youth Recovery (MYR)- Stabilization program for youth whose lives have been disrupted by substance abuse. For adolescents who are experiencing withdrawal symptoms requiring medical monitoring, an adolescent who is experiencing difficulties with family, school, work and/or the courts as a result of his/her substance abuse, an adolescent who has tried to stop using but is unable to do so independently, an adolescent who may be experience depression or anxiety in addition to a primary concern of drug or alcohol use. **508-860-1244**

CATALYST @ Boston Medical Center- We are a multidisciplinary team consisting of physician's (two of which are board certified in addiction medicine) a social worker, nurse, patient navigator and outreach worker, all overseen by a program manager and medical director. Specially trained and adept to working with young patients struggling with substance use, together we strive to provide the best care for patients and their families paving a clear path to recovery. 617-414-6655

The CASTLE (Clean And Sober Teens Living Empowered)

20 Meadowbrook Road. Brockton, MA 02301. Phone: 508-638-6000

Short-term stabilization program for ages 13-17 with a substance use disorder. The CASTLE provides safe withdrawal from alcohol and/or other drugs through medication management services.

Treatment includes psychiatry and pediatric medicine, dual diagnosis services, 12-Step meetings, AA and NA commitments, and other psycho-educational groups, individual and group counseling, family therapy, case management, and aftercare planning. The daily schedule incorporates classroom time with specialized teachers. For more information, go to www.castlekids.org

McLean Adolescent Dual Diagnosis Residential Program- Treatment for substance abuse issues as well as the mental health issues of adolescents.

1-877-412-3445

The Adolescent Substance Abuse Program (ASAP) at Children's Hospital Boston-Science-based, family-oriented, and developmentally appropriate approach to adolescent substance abuse treatment. **617-355-2727**

Family Continuity :: Supporting Family Success in Every Community-

Home-based and outpatient therapy. School-based therapy services. Weekly Young Person's support group and adolescent anger management group.

508-234-4181

Community Impact Inc. - Provide a broad range of health, mental health and educational services through individual, family and group therapy. Weekly adolescent recovery group. Counseling provided for addictions, substance/alcohol abuse, ADHD, grief, divorce, eating disorders.

508-422-0242

Learn to Cope-Learn to Cope is a support group for parents and family members dealing with a loved one addicted to heroin, Oxycontin and other drugs. www.learn2cope.org

SMART Recovery-Teen and Youth Addiction Recovery Program. Self-help program with tools to change substance abuse behaviors. Local meetings and online support and meetings. www.smartrecovery.org/teen

Crisis Text Line- Text HELLO to 741741. A free, 24/7 text line for people in crisis.

HOW DOES CRISIS TEXT LINE WORK?

1. You text 741741 when in crisis. Available 24/7 in the USA.
1. A live, trained crisis counselor receives the text and responds quickly.
2. The crisis counselor helps you move from a hot moment to a cool calm to stay safe and healthy using effective active listening and suggested referrals – all through text message using Crisis Text Line's secure platform.

Integrated Psychotherapy-Counseling Agency in Mendon, MA

508-278-1200

Wayside Community Counseling- Milford, MA

508-478-6888 or 1-888-592-9743

***This is not a complete list of Mental Health agencies in the area. You can call your health insurance company or your child's pediatrician for more options.